Oscillations II - 1

Oscillations (1): Consider

$$x(t) = A \cos(\omega t + \pi)$$

and its derivatives with respect to time t.

Energy and Amplitude in simple Harmonic Motion (2):

$$E_{\mathrm{tot}} = \frac{1}{2} M v_{\mathrm{max}}^2, \quad x_{\mathrm{max}} = \frac{v_{\mathrm{max}}}{\omega}$$

Spring and Rolling Sphere (or Cylinder) (3). Energy:

$$U = \frac{1}{2} k x^2, \quad K = \frac{7}{10} M v^2 \quad \left(\text{or } K = \frac{3}{4} M v^2 \right)$$

Angular velocity:

$$0 = k \, x \, \dot{x} + \frac{7}{5} \, M \, \dot{x} \, \ddot{x} \quad \left(\text{or} \quad \frac{3}{2} \, M \, \dot{x} \, \ddot{x} \right) \, .$$

Oscillations II - 2

Pendulum in an Accelerating Frame (4):

$$T\sim \sqrt{rac{1}{g\pm a}}\,.$$

Pendulum in Rocket Ship (5):

$$L\ddot{\theta} = -mg\sin(\theta) \approx -mg\theta \Rightarrow \ddot{\theta} = -\omega^2\theta \text{ with } \omega = \sqrt{\frac{mg}{L}}, \ T = \frac{2\pi}{\omega}$$

Pendulum (6). Equate the maximum kinetic with the maximum potential energy:

$$K_{\max} = \frac{1}{2} M \dot{\phi}^2 L^2 = U_{\max} = M g L [1 - \cos(\phi_{\max})].$$

CAPA seems to use the approximation $1 - \cos(\phi_{\max}) = \phi_{\max}^2/2$.

Damped SHM (7). With probability *p*, reduction factor *r*:

$$p = \exp[x \ln(r^2)], \quad t = x T.$$