

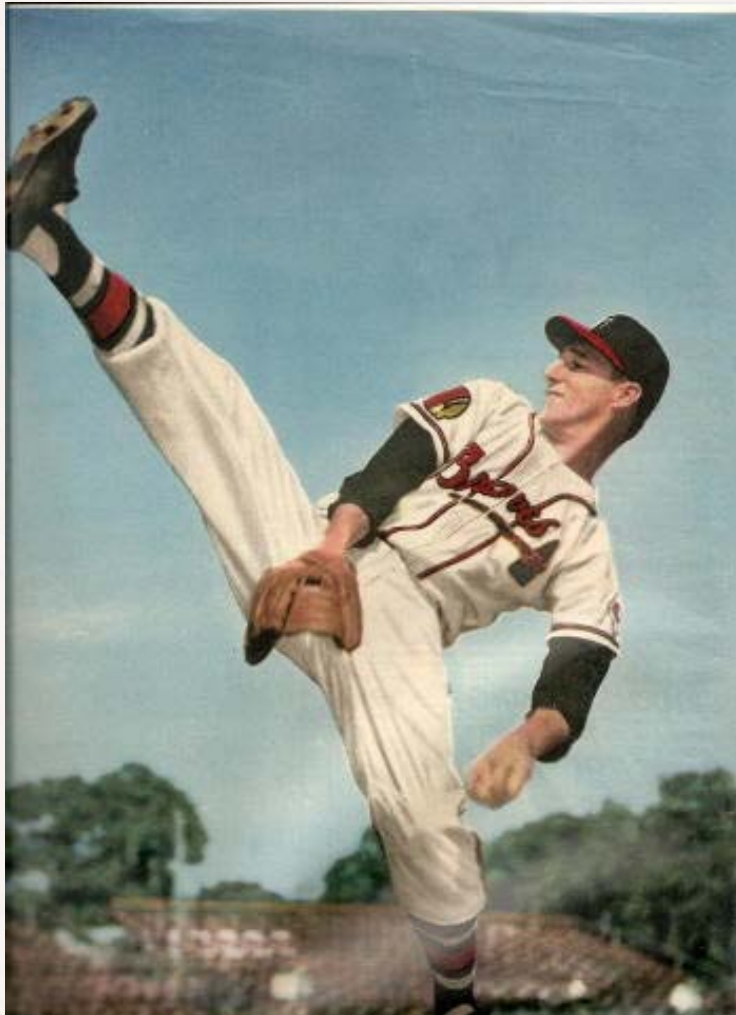
Baseball: Physics of Hitting and Pitching

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10/17/2012
PHY3091-Talk 2

Dimensions of the Game

- .The distance between the mound and the plate is 60 feet and 6 inches.
- .Average MLB fastball takes 0.30 to 0.45 seconds to arrive at plate.
- .Ball is made of yarn wound around cork center with a cowhide shell.
 - 108 stitches
 - Mass: 5 ounces
 - Circumference: 9 inches

“Hitting is timing. Pitching is upsetting timing.”
-Warren Spahn



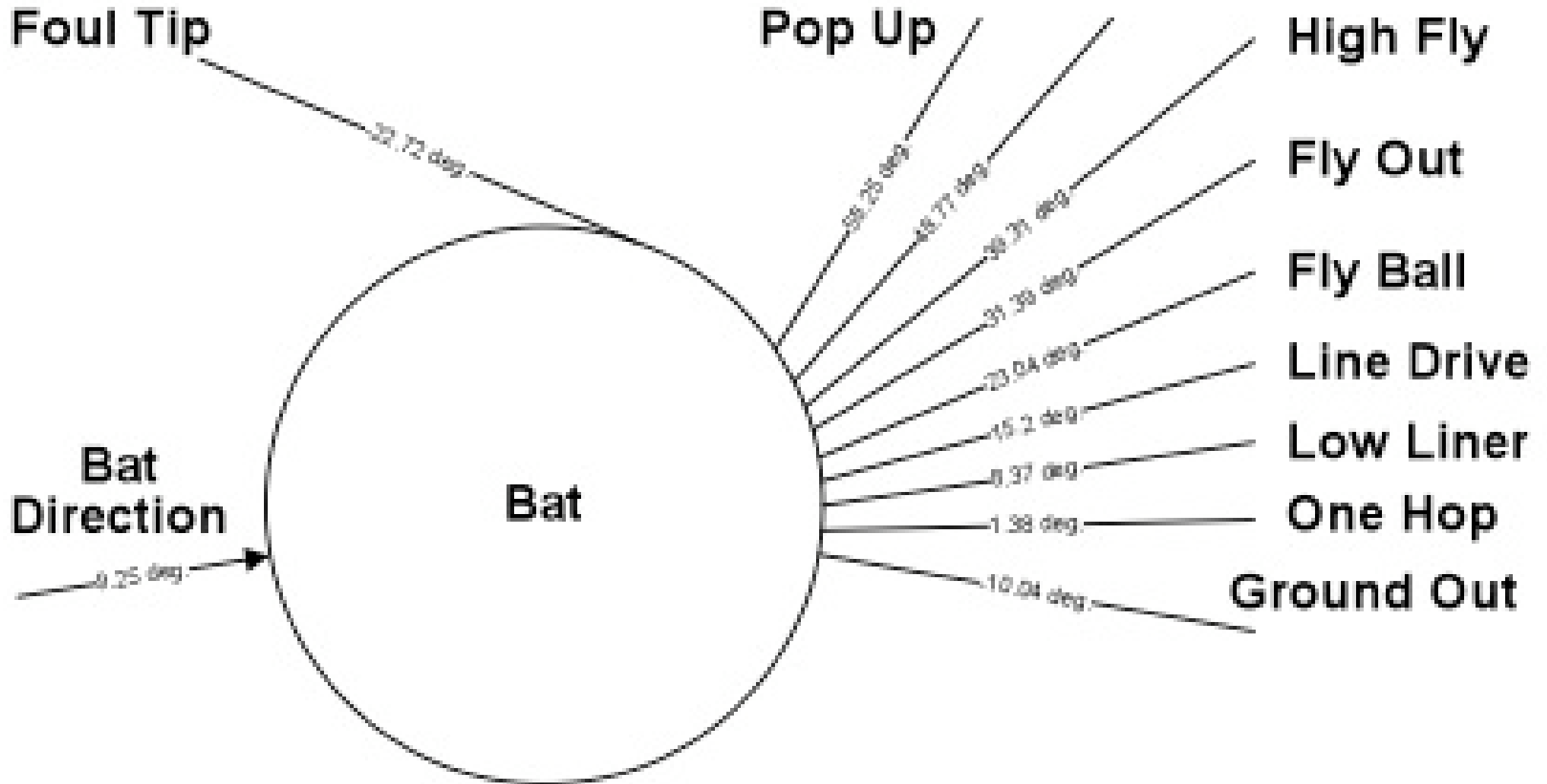
Hitting Physics

- There is a +/- 7 millisecond difference between a fair and foul ball.
- The bat-ball collision lasts about $1/1000^{\text{th}}$ of a second.
- A 8000 lb force compresses the ball to about $\frac{1}{2}$ of its original diameter.
- Bat speed and bat weight are key factors in determining the distance of a batted ball.
 - Around 7 feet for each additional mph

Hitting Physics-Cont.

- Goal is to hit the “sweet spot” of the bat.
 - Most efficient transfer of energy
- The point of collision between a round ball and a cylindrical bat leads to a sensitive range of launch angles.
 - Ideal Launch Angle ~30-35 degrees
(Home Run!)

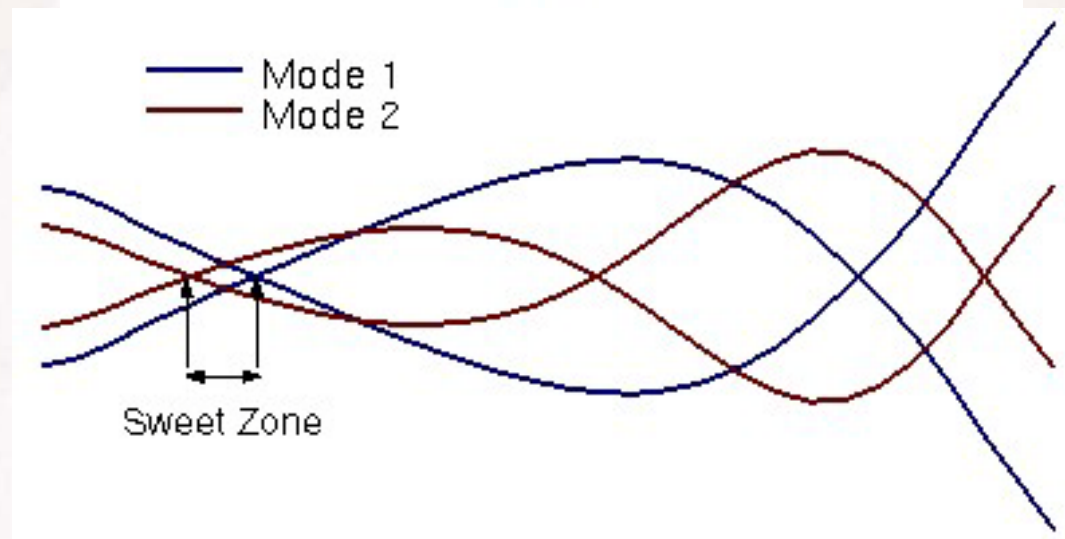
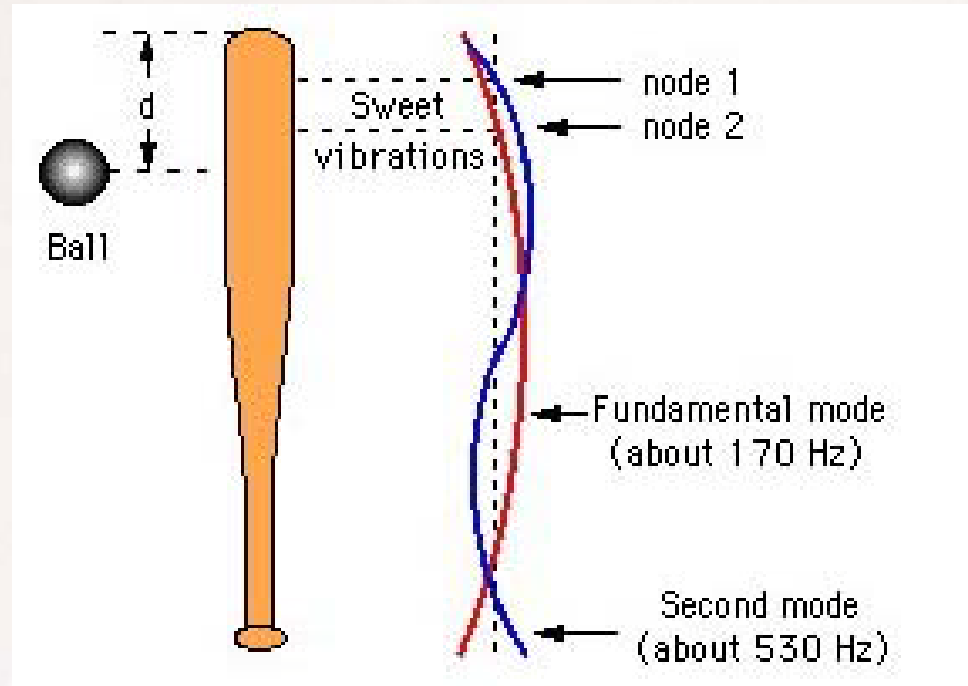
Launch Angle Diagram



The “Sweet Spot”

- This is the area of the bat where the the most efficient energy transfer to ball occurs.
- It is the between the nodes of the first and second vibrational modes of the bat.
 - Node for 1st mode is about 6" to 7" from end of bat.(Center of Percussion)
 - Node for 2nd mode is about 4" to 5" from end of bat.

The "Sweet Spot" Cont.



Coefficient of Restitution

- Measure of the ratio of speeds before and after a collision.
 - Elastic collision has COR=1
- The “bounciness” is a bat determines the BBCOR (Bat-Ball Coefficient of Restitution).
- Aluminum bats are easier to control the BBCOR.

$$C_R = \frac{v_b - v_a}{u_a - u_b}$$

Wood vs. Aluminum?

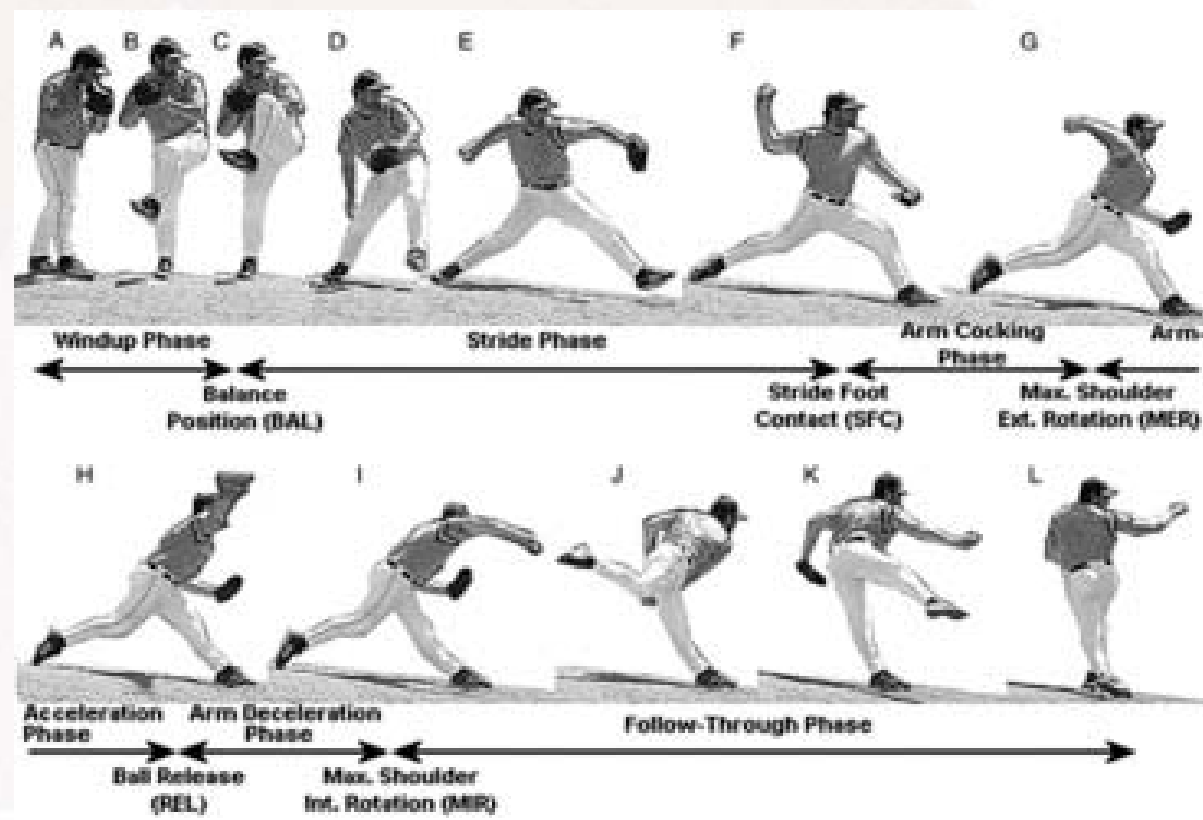
- Aluminum bats decouples length and weight. (More weight towards handle)
- Lighter bats are easier to generate more bat speed.
- BBCOR:
 - Wood is about 0.5 or slight greater
 - Aluminum is set at limit of 0.5
 - Hoop Modes
 - “Trampoline Effect”

Pitching Physics

- Wind-up is important in generating power transferred to the ball.
 - Sequential summation of momentum
- As ball flies through air it is subject to:
 - Gravity
 - Air Drag
 - Magnus Force

Upsetting timing

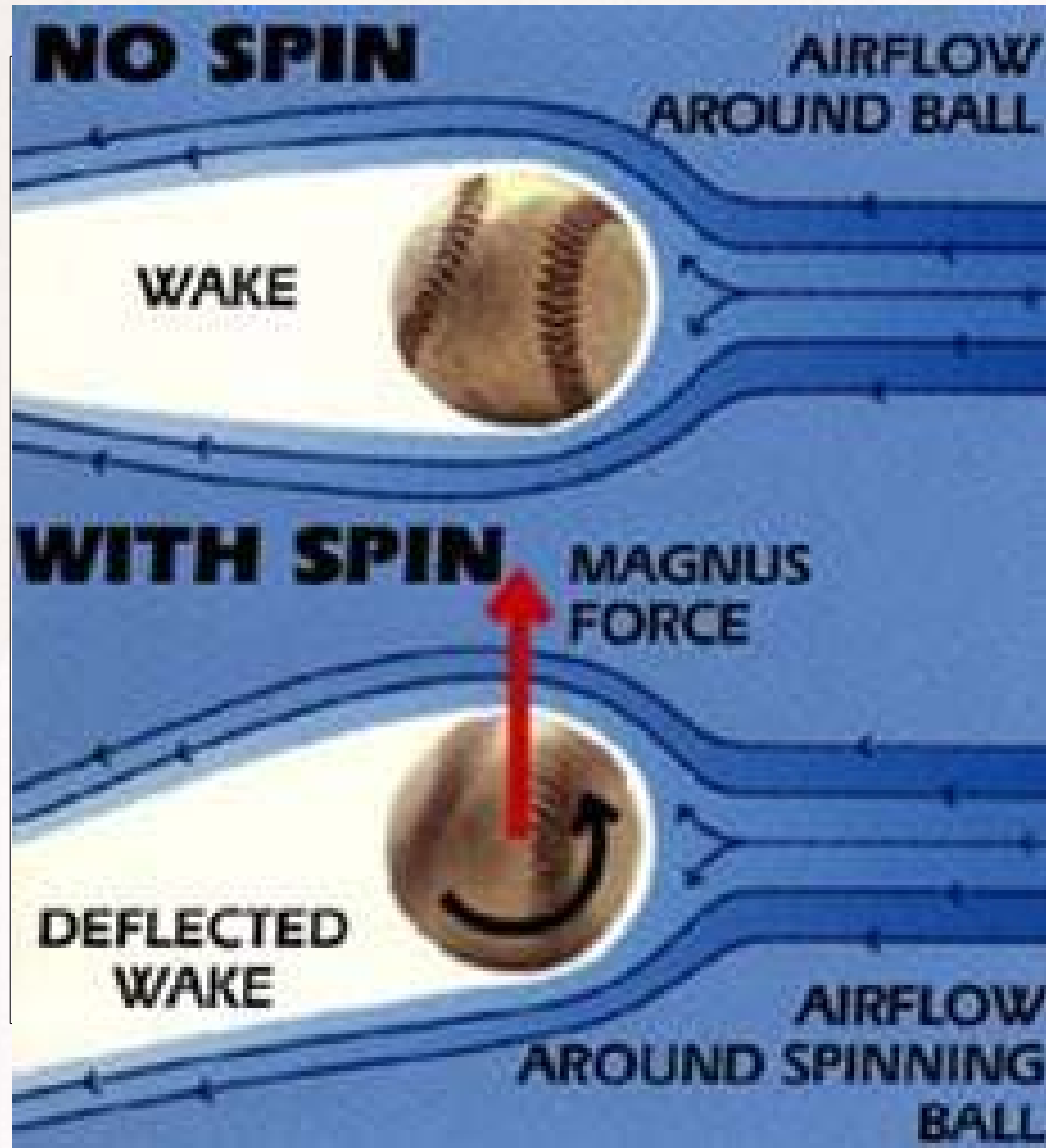
- Repeatable wind-up motion
- Same arm trajectory angle
- Same release point
- Grip on the ball to change spin of ball and orientation of the seams.



Magnus Force

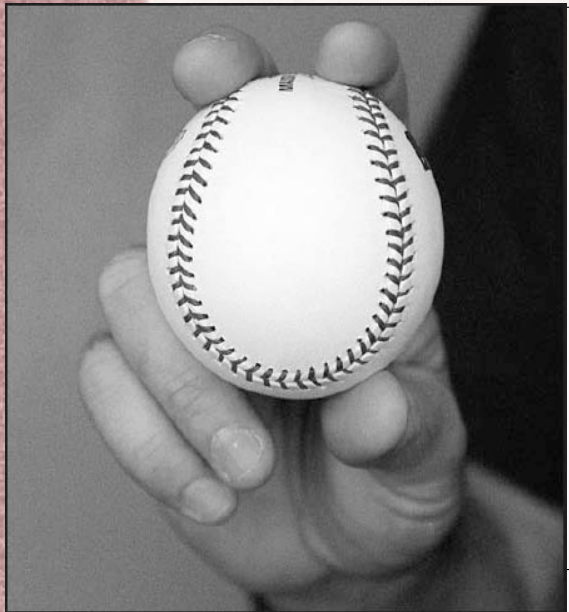
- The rotation of the ball is on an axis perpendicular to direction of travel
- For a ball with back spin(fastball):
 - lower pressure on upper surface compared to lower surface
 - generates a force upwards
 - force is towards lower pressure

Magnus Force Cont.

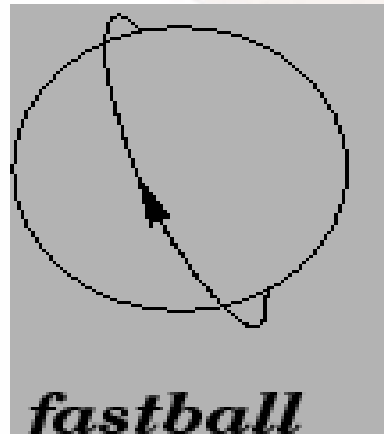


Pitch Types: Fastball

- 85-95 mph
- 1200 rpm backspin
- 8 revolutions from mound to plate
- Two Popular grips:

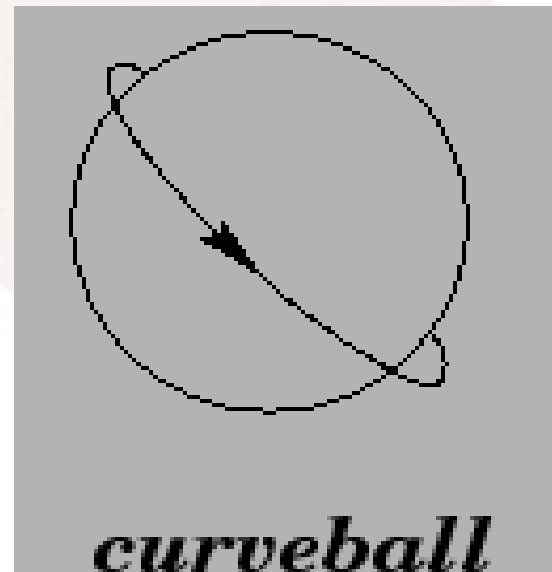


- Two Seam Fastball
- Four Seam Fastball



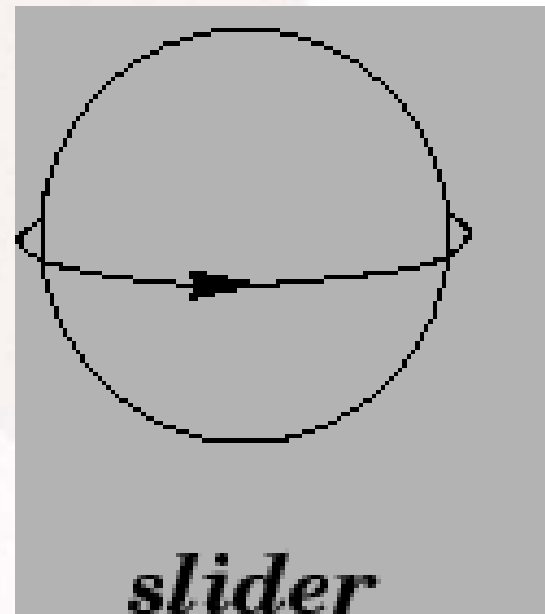
Pitch Types: Curveball

- 70-80 mph
- 1900 rpm top and side spin
- 17 revolutions from mound to plate
- Magnus force downward causes drop



Pitch Type: Slider

- 85 to 90 mph
- 1400 rpm
- 10 revolutions from mound to the plate
- Sweeping breaking ball



Pitch Type: Knuckleball

- Thrown from fingertips rather than knuckles.
- 70 mph
- 400 rpm
- $\frac{1}{4}$ revolution from mound to plate
- Unpredictable flight
- Slip pitch



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Questions/Comments

